

Educating The Whole Student

Our students will engage in a safe and supportive learning environment that will enhance relationships, social and emotional skills and support their transition to education and vocation.

The Austin School's Values are:

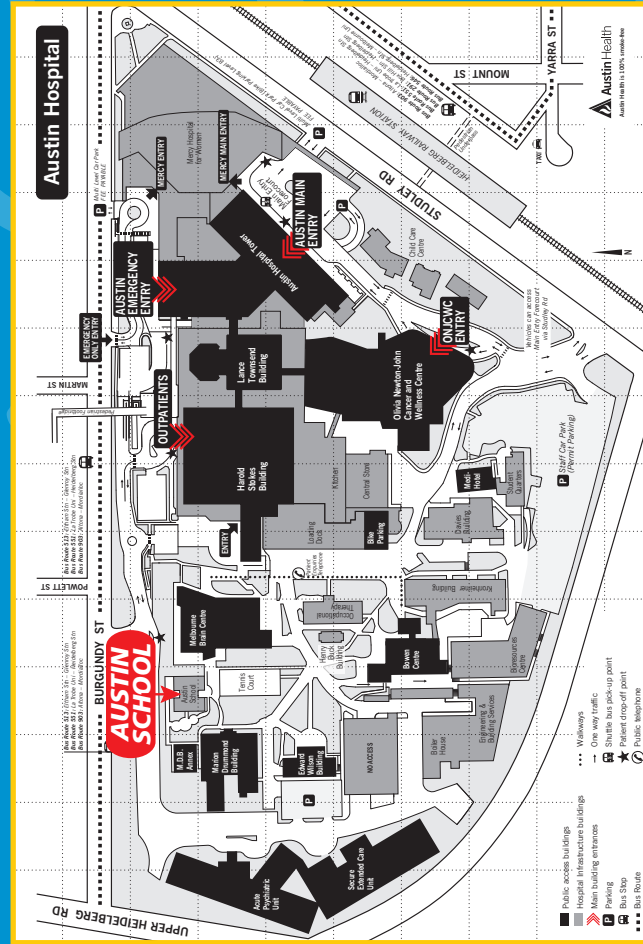


Dear Parents/Guardians,

Whilst your child is attending the Social Skills Program at The Austin School, feel free to contact us regarding your child's education and schooling.

School Office: 9496 5324

WHERE TO FIND US



The Austin School

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SOCIAL SKILLS

General Information

The Social Skills Program is an educational program for primary outpatients of the Child and Youth Mental Health Service (CYMHS). The session occurs once a week for two hours.

The timetable includes cooperative group tasks, Respectful Relationships activities, sport, and a themed activity every week.

The priority of the program is for the students to be engaged in a meaningful and educational experience with the focus on social skills. An individual learning plan is developed by the Austin teachers in consultation with clinicians, case managers, base school teachers, parents and students.

Ongoing involvement of the parents/guardians with CYMHS is required during the enrolment in the Social Skills Program.

Social Skills Program

The Social Skills Program aims to:

- Develop and practise appropriate social skills
- Develop personal skills
- Promote confidence and resilience

The Program emphasises skills such as:

- Promoting confidence and resilience
- Developing emotional literacy
- Fostering initiative and independence
- Identifying personal strengths
- Problem solving and help-seeking strategies

Social Skills Program

The program is suitable for a student who:

- Has difficulty making or keeping friends
- Can become isolated or withdrawn
- Has difficulty negotiating, turn taking or sharing
- Is anxious or worried
- Has difficulty regulating their emotions

Referral Procedure

Children are referred to the program by the Child and Youth Mental Health Services (CYMHS) Outpatient Teams. Case managers refer children to the program after consultation with their parents/guardians.

Once accepted in the program parents/guardians must complete an enrolment form before the student can attend the Social Skills Program.

